



## Junior Sculling Regatta Monday 4 May 2026

### Safety Rules

These rules summarise how everyone is expected to behave to keep themselves and others safe. Competitors, crews, coaches, members or supporters of a club or school who wilfully disobey safety instructions shall be subject to disciplinary measures as indicated in BR Rules of Racing section 8-6.

1. Competitors and coaches must follow the instructions of Umpires and Marshals.
2. Coaches are responsible for deciding whether crews are competent to race. Every crew must know how to spin, back down and hold position in a strong wind. Crews and coxes must be able to respond quickly to marshals' instructions.
3. Competitors must ensure that their boats comply with the requirements set out in "RowSafe" and in particular the requirements concerning heel restraints, bow safety balls, watertight hatches and / or bungs, and boat ID codes.
4. Coxes must wear an appropriate buoyancy aid or life jacket when afloat, and know how to use it.
5. Competitors, coaches and officials should comply with national guidance on managing the risk of Covid transmission and British Rowing guidance on athletes' return to training after illness.
6. An ambulance with a paramedic and first aiders will be stationed by the Boathouse. Anyone injured on the water will usually be taken to the landing stages by a safety boat and transferred to the ambulance. The paramedic may make other arrangements in an emergency.
7. Notify the nearest official in an emergency. Radios will be provided to all umpires and marshals. Paramedic and safety boat crews monitor the radio traffic.
8. In bad weather the Race Committee may decide that it is unsafe to proceed. If boats are on the water when the event is stopped then crews will be directed to disembark as quickly as possible using all landing stages.
9. The Dorney Operations Manager will sound the lake siren for a major threat such as an armed person attack. Competitors should "Run - Hide - Tell". (Move rapidly to the safest nearby location, keep out of sight, and use your mobile phone on silent mode to stay in touch.) Everyone on site should follow the instructions of Dorney staff until the All Clear is announced.
10. Car drivers must follow the traffic circulation plan and comply with the speed limit.