

Junior Sculling Regatta
Dorney Lake
Monday 6th May 2024
Held under BR rules of racing and in accordance with RowSafe
Instructions to Competitors



GENERAL

- Competitors are responsible for deciding, together with their coaches, whether they are competent to race and properly dressed for the prevailing weather conditions.
- Competitors and coaches must follow the instructions of Umpires and Marshals.
- Competitors must ensure that their boats and crews comply with the requirements set out in “RowSafe” and in particular the requirements concerning heel restraints, bow safety balls, watertight hatches and / or bungs, coxes' lifejackets and boat ID codes.

Arrival, Departure and Car Parking

- Competitor drop off (whether by car, minibus or coach) is at the Ash Tree turning circle, which is approximately 600m from the finish. Please allow enough time to walk to the trailer park. Follow instructions on the site roads - clubs may be penalised if their supporters drive dangerously.
- The barrier at the top of the entrance drive will open for trailers and competitors at 05:45. The main gate will open shortly beforehand. Any competitors and trailers arriving early should queue along the entrance drive until the barrier opens.
- **Trailers - from 5.45am on Monday.** We hope that Wallingford Regatta will allow trailer arrival after 4pm on Sunday 5th, but this will be confirmed shortly. You will be directed to a parking space. Please be courteous to the attendants and do as requested. Do not block roads as vehicles must be able to pass as many trailers will be leaving after Wallingford Regatta.
- Parking is £15 per car. Cars will be parked by marshals from the Ash Tree circle towards the start.

Facilities

- Rigging and racking must be undertaken only in the specified areas
- Toilet facilities are provided at several points.
- AllMarkOne will post a photo gallery on their web site. Video coverage of the event can be found on YouTube.

Registration and Coxes Weigh In

- One representative from each school / club should collect all the Time Trial numbers for their crews from the Boat Bay near Reception
- All Coxes must weigh in before their Time Trial. They will be given a wrist band to wear indicating whether they need to carry deadweight and if so the amount. The minimum weight is 45kg. Bands may be inspected by Control Commission when boating and on return when disembarking . Crews

should provide their own deadweight. Bags of stones, water bottles and similar **WILL NOT** be allowed. Any crew whose cox is found to be underweight and not carrying the correct amount of deadweight **will be disqualified**.

- Lane numbers for side-by-side races may be collected no earlier than 40 mins before race time. Please ensure that all boats have an Empacher slot. **Crews will NOT be called to boat.**
- BROE will remain open for substitutions until the start of the **first** Time Trial. Substitutions may only be done online. Spot checks on crew composition will be carried out. Any crew found with crew members not listed on BROE may be disqualified.

Boating

- Practice outings are NOT permitted.
- Crews will NOT be allowed to go afloat without a boat number or before safety boats are on the water.
- Crews must always follow the published site Circulation Pattern. The Committee may change the Circulation Pattern or Race Pattern for safety or fairness if conditions dictate this.

Cycling

- No cycling is allowed on the North side of the Main Lake or in front of the boathouse. Cyclists should be on the middle road when moving from Finish to the Start and on the lower road when cycling from the Start to the Finish. Crews may be penalised if their supporters cycle dangerously or on the North side.

Time Trials and Side by Side Races

- Crews should boat from one of the two South-side stages and proceed to the Warm Up Lake.
- Crews in the Warm Up Lake should follow an anti-clockwise warm-up circuit in the first half of the Lake (marked by arrows on the circulation plan). **Do not** row between the buoy lines.
- Crews should **report to the 250m Marshal 10 minutes before race time. Crews will NOT be called.** It is a crew's responsibility to report to the Marshal on time **Races will start on time irrespective of absentees. Crews who miss their Time Trial will not qualify for a Final.**
- Time Trials - crews will turn through the start bridge in number order and be directed to a lane. Timing is from the 100m mark to the 2000m mark ie the Regatta Finish line.
- Side by Side - crews should enter the main lake in lane number order (lane 1 first) and proceed across to their start pontoon. Crews must know how to back onto a pontoon, and how to keep themselves straight in a cross wind. Crews new to multi-lane racing should practise this beforehand and read the Pontoon Starting Guide published on the Scullery website. **Any crew who cannot attach and be ready in a reasonable time may be excluded from racing in order not to unfairly delay other competitors.**
- A traffic-light starting system will be used.
- All side-by-side races will be over 2000m and will be launch umpired.
- Any crew who cannot attach to the stakeboats after 3 attempts may be eliminated from the race.
- There will be **NO Warming Down** at any time

Results

- Results will be published on the Time Team website as soon as they are available.
- Silver medals will be awarded if there are more than 6 in the event.

Welfare, Safeguarding and Safety

- All responsible adults must be aware of the event Safeguarding Procedures. In the event of an urgent issue please ask any official to contact Laura Lion.
- An Ambulance Service unit with qualified paramedics will be located near registration.
- Please read the Safety Instructions: They are provided for **your** benefit.

- An ambulance with a paramedic and first aiders will be stationed by the Boathouse. Anyone injured on the water will be taken to the landing stages by a safety boat and transferred to the ambulance. Anyone injured on land should be taken directly to the ambulance. The paramedic will arrange transfer to Wexham Park Hospital if appropriate.

Emergency

- In the event of an emergency notify the nearest official.